



Medical Section  
at the Goetheanum



IAAP  
International Association  
of Anthroposophic Pharmacists

# Central-North and Eastern Europe Training Program

5 years program of Training  
in Anthroposophic Pharmacy  
(2021–2025)





**Medical Section**  
at the Goetheanum



**IAAP**  
International Association  
of Anthroposophic Pharmacists



## Main Faculty of Training:



**Albert Schmidli**

He worked many years, in some cases in a leading position, in research and development for major pharmaceutical companies in Switzerland and Ireland. Following an inner call to serve Rudolf Steiner's medical impulse, he joined Weleda, one of the world's leading anthroposophic pharmaceutical companies. Weleda Switzerland set up a new pharmaceutical research and development department for him on this occasion. In this he developed in close cooperation with anthroposophic doctors new anthroposophic medicines for over 25 years and was at the same time jointly responsible for training doctors and pharmacists. 2011 he decided to live as a lecturer and teacher, which he and others recognized as a real calling. Since then he has been active as a lecturer in countless seminars around the world, full of enthusiasm and deep dedication.



**Rosa Beilmann**

Rosa Beilmann studied microbiology and graduated with a doctorate in biology. After working as a scientist for several years, she became interested in Goetheanism and her path led her to anthroposophy. Soon she took full initiative and responsibility for the WALA branch in Russia. She held senior manufacturing and registration responsibilities. Also for the implementation of seminars for doctors. Everyone who knows Rosa is deeply impressed by her competence and her deep connection with anthroposophic pharmacy as well as the incredible dedication she shows in her work.



**Maria "Jenny" Burniewicz**

She was born in 1953 and lives in Olsztyn, Poland. She studied eurythmy in the Haag, Netherlands and since 25 years she is active in eurythmy work in the theater with children, since 10 years with deaf children. For 20 years she has been a leader of eurythmy group, "Eulador". She gives a eurythmy education in kindergarten and schools and is an author of many eurythmy performances.



**Denis Koshechkin, PhD**

He is a general practitioner, homeopath, phytotherapist, and certified anthroposophic physician, working in St. Petersburg, Russia for over two decades. For last six years as a general practitioner in anthroposophic medical practice (Med. Centrum "Terapeuticum"). Until 1999, he worked at the St. Petersburg State Medical University. He received his basic education in anthroposophic medicine at the St. Luke Cancer Clinic (Arlesheim, Switzerland) in 1994. He trained at the Parrottwood Clinic (England), at the Öschelbronn Clinic (Germany), and at the Vidar Clinic (Sweden). He has general medical experience since 1992, practical experience as anthroposophic physician since 1994 and as homeopathic physician since 1995. He is the Chairperson of the Russian Anthroposophic Medical Association (AMA).





### Marek Roszkiewicz

He is 31 years old medical doctor with specialisation in dermatology and pharmaceutical technician. He has been studying Rudolf Steiner's works since he was 14. Now he works as anthroposophical doctor in Warsaw since the beginning of medical career. Also he translates Steiner's works and is especially attached to so-called "Young Doctors Course".



### Ewa Waśniewska

She was born in 1952 in Gdańsk, Poland. Medical Doctor with anthroposophical practice since 1986. She is active not only as lecturer of anthroposophical medicine, but also she is translator of Rudolf Steiner lectures and book and other anthroposophical authors, co-organizer of many conferences in Poland and other countries. Beloved in amber used as a remedy.

## Faculty:

Albert Schmidli	Bachelor of science in pharmaceutical engineering, Waldorf teacher, Trainer for anthroposophic pharmacists and doctors
Rosa Beilmann	Anthroposophic pharmacist
Maria "Jenny" Burniewicz	Eurythmist
Denis Koshechkin	Anthroposophic doctor, PhD
Marek Roszkiewicz	Anthroposophic doctor, MD, pharmaceutical technician
Ewa Waśniewska	Anthroposophic doctor

## Accreditation, advanced training, addressed to:

Professionals and students of the Pharmacy degree to obtain International Certification by the International Association of Anthroposophic Pharmacist (IAAP) subscribed to the Medical Section at the Goetheanum, Dornach / Switzerland.

## Eligible for:

Professionals and students from different health careers (especially doctors) with an interest in Anthroposophic Medicine and Pharmacy (they would receive a certificate of participation).



## Information of trainings:

### Venue:

Free Waldorf School  
Zawiła (Street) 2/4  
30-423 Krakau  
Poland

### Language:

English, Polish, Russian, German

### Course Fee:

500 Euro (2300 PLN) / module including transportation during conference, study materials, breakfast, lunch, dinner, coffee breaks, tickets with guide in Wieliczka Salt Mine. With the help of our supporters we may be able to provide a financial support for the fee; if needed, let us know.

Not included are transport to and from the conference and accommodation.

### Accommodation hints (nearby hotels):

Hotel Perła (<https://www.hotelperla.com.pl>)

Apartament Maria (<https://apartament-maria.pl>)

Hotel Farmona (<https://www.hotelfarmona.pl>)

There is also a possibility to sleep in the school (with own sleeping bag) for 7 Euro per night.

### Contact information:

Marek Roszkiewicz  
Promienna (Street) 4b/22  
05-270 Marki, Poland  
Tel. +41779668030 (available until 31 May) and  
+48510235727 (available from 1 June)  
Email: [marcoroszkiewicz@gmail.com](mailto:marcoroszkiewicz@gmail.com)

### Registration:

For registration please contact local organizer Marek Roszkiewicz (contact above). The training places are limited.

### Payment:

Found Amber  
Masłowice Tuchomskie 1  
PL 77-133 Tuchomie  
Santander Bank  
BIC code WBKPPLPP  
PL 92 1090 1102 0000 0000 1003 3388

### Local Organizer:

Ewa Waśniewska (Found Amber) and  
Marek Roszkiewicz





## Training periods (2021–2025):

One week training in each module.

- Module 1: 16 to 22 August 2021 (Poland)
- Module 2: 20 to 26 June 2022 (Russia)
- Module 3: 19 to 25 June 2023 (Russia)
- Module 4: 17 to 23 June 2024 (Russia)
- Module 5: 16 to 22 June 2025 (Russia)

## Project work after complete all modules training for certification:

- At the end of the further education a thesis must be written. It should be an independent examination on a medical-pharmaceutical topic.
- 100 hours tutoring have to be done.



Module 1	Four elements; Tria principia; the four members of the human being; Sal / Mercury / Sulfur; functional organization of the human being; from the image of the plant to the clinical picture to the remedy; Equisetum; Ferrum-Quartz (Biodoron, Cephalodoron); health and disease; potentization (in the liquid) (WALA / Weleda, etc.); salutogenesis.
Module 2	Heat processes (practice and therapeutic aim); rhythmic methods (WALA / Rh); stabilized processes (syrups / Glycerin); potentization (in the solid) (WALA / Weleda, etc.); the four ethers (ether species), Apis / Formica, e.g. Cardiodoron (Digestio); decoct (fruit); syrup.
Module 3	Metals / minerals; planets; mirror production; vegetabilized metals; practice: external / internal treatment of metal mirrors, e.g. "Spiegelfolie".
Module 4	Compositions; practice: Aurum / Lavandula comp.; copper ointment red; Dorone e.g., Hepatodoron, etc.; Organ preparations (video); Antimon / Kal. Aceticum comp., Galenic e.g.; external applications (gels, ointments, cremes), globuli, oils, tbl, trit.; from the substance to the medicinal product, e.g. with a local plant (R&D).
Module 5	Mode of action of the Anthroposophic Medicine; Limestone (Ca); Silica (quartz); Mineral compositions after the image of a healing plant; pastoral pharmacy; Olibanum comp. / Cinis Capsallae comp.; quality control aspects for medicinal products (pharmacopoeia); regulatory; best practice; magistral preparation; APC, Ph Helv., Ph. Eur.

*Slight program changes are possible.*

## Literature recommendations:

The following literature is recommended for the study of the fundamentals of anthroposophic pharmacy / medicine.

### Primary literature

- Steiner, Rudolf: *Fundamentals of Therapy* (GA 27)
- Steiner, Rudolf: *Theosophy* (GA 9)
- Steiner, Rudolf: *Spiritual Science and Medicine* (GA 312)
- Meyer, Ulrich, Pederson, Peter A. (Ed.): *Anthroposophische Pharmazie*, Berlin 2017

### Complement Literature

- Steiner, Rudolf: *Young Doctors Course* (GA 316)
- Steiner, Rudolf: *Spiritual Science and the Art of Healing (London Lectures)* (GA 319)
- Steiner, Rudolf: *Knowledge of the Higher Worlds and Its Attainment* (GA 10)
- Steiner, Rudolf: *An Outline of Occult Science* (GA 13)
- Steiner, Rudolf: *Fundamentals of Anthroposophical Medicine* (GA 313)
- Steiner, Rudolf: *An Occult Physiology* (GA 128)
- Steiner, Rudolf: *Physiology and Therapeutics* (GA 314)
- Steiner, Rudolf: *Karma of Vocation* (GA 172)
- Steiner, Rudolf: *Spiritual Relations in the Configuration of the Human Organism* (GA 218)

### Medical Literature

- *Vademecum of Anthroposophic Medicines*. Third English edition 2017 (book plus CD), ed. by the Association of Anthroposophic Physicians in Germany (GAÄD) and the Medical Section of the School of Spiritual Science, Dornach, Switzerland
- Schürholz, Jürgen, Walker, Michael, Glöckler, Michaela (Ed.): *Anthroposophische Medizin: Ein Weg zum Patienten*, Stuttgart 1999 [*Anthroposophical Medicine: The way to the patient*]
- *Anthroposophic Pharmaceutical Codex*, ed. 4.2 2020, International Association of Anthroposophic Pharmacists (IAAP), <https://iaap-pharma.org/>
- Soldner, Georg, Stellmann, Hermann M.: *Individuelle Pädiatrie*, Stuttgart 2018 [Individual Padiatrics]
- Vogel, Heinz-H.: *Wege der Heilmittelfindung: am Beispiel der WALA Heilmittel-Kompositionen*, Berlin 2019 [Paths for development of medicines]
- Girke, Matthias: *Innere Medizin. Grundlagen und therapeutische Konzepte der Anthroposophischen Medizin*, 3rd ed. Berlin 2020
- *Der Merkurstab*, Zeitschrift für Anthroposophische Medizin [Journal of Anthroposophic Medicine], Ed. Freie Hochschule für Geisteswissenschaft / Medizinische Sektion, Dornach / Schweiz und Gesellschaft Anthroposophischer Ärzte in Deutschland e. V. (GAÄD), München

### Recommendations of the IAAP

- Pioneers of Anthroposophic Pharmacy (<https://iaap-pharma.org/>)

### Internet links

- [www.iaap-pharma.org](http://www.iaap-pharma.org)
- [www.gapid.de](http://www.gapid.de)
- [www.vaeps.ch](http://www.vaeps.ch)





**Medical Section**  
at the Goetheanum

**IAAP**  
International Association  
of Anthroposophic Pharmacists

## Module 1: 16 to 22 August 2021 (Poland)

Time	Monday 16.08.2021	Tuesday 17.08.2021	Wednesday 18.08.2021	Thursday 19.08.2021	Friday 20.08.2021	Saturday 21.08.2021	Sunday 22.08.2021
07:00–07:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:00–08:30		echo	echo	echo	echo	echo	echo
08:30–09:15		Eurythmy Jenny	Eurythmy Jenny	Eurythmy Jenny	Eurythmy Jenny	Eurythmy Jenny	Eurythmy Jenny
09:20–11:00		Nature Observation EARTH Albert Ewa, Rosa, Denis, Marek	Visit to the Wieliczka Salt Mine with a guide  Midday Break. Lunch	Nature Observation WATER Albert, Ewa, Rosa, Denis, Marek	Nature Observation AIR Albert, Ewa, Rosa, Denis, Marek	Nature Observation FIRE Albert, Ewa, Rosa, Denis, Marek	Health and disease, Salutogenesis Marek
11:00–11:30		Coffee/Tea Break		Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break
11:30–12:45		Text Study and Thinking Exercises Ewa, Rosa, Denis, Marek		Text Study and Thinking Exercises Ewa, Rosa, Denis, Marek	Text Study and Thinking Exercises Ewa, Rosa, Denis, Marek	Text Study and Thinking Exercises Ewa, Rosa, Denis, Marek	Plenum, looking back, looking forward, Good Bye
12:45–14:30		Midday Break, Lunch		Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Lunch
14:30–15:15		The Physical Organisation Ewa	Midday Break, Lunch	The Etherik Organisation Rosa and Denis	The Astral Organisation Ewa	The I Organisation Ewa	
15:20–17:00		Tria Principia SAL Albert	Tria Principia SULFUR Albert	Tria Principia MERCURY Albert	From the Image of the plant to the clinical picture to the Remedy Albert	dynamisation (potentiation) Albert + Rosa	
17:00–17:30	Open Registration	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	
17:30–18:00		Tria Principia SAL Albert	Tria Principia SULFUR Albert	Tria Principia MERCURY Albert	From the Image of the plant to the clinical picture to the Remedy Albert	dynamisation (potentiation) Albert + Rosa	
18:00–18:45	Welcome, Introduction of the participants Albert + Ewa	The Nervous- Sensory- System Denis	The Metabolic- Lymph- System Denis	The Rhythmic-System Denis	From the Image of the plant to the clinical picture to the Remedy Albert	The invisible man in us Albert + Ewa	
18:45–20:15	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	
20:15–20:45	Introduction in to the Pharmacy Curriculum	Round Table	Round Table	Round Table	Round Table	Talent Night	



Medical Section  
at the Goetheanum



IAAP  
International Association  
of Anthroposophic Pharmacists

# Central-North and Eastern Europe Training Program

5 years program of Training  
in Anthroposophic Pharmacy  
(2021–2025)

Contact / information:

Marek Roszkiewicz | Promienna (Street) 4b/22 | 05-270 Marki, Poland  
Tel. +41779668030 (available until 31 May), +48510235727 (available from 1 June)  
Email: [marcoroszkiewicz@gmail.com](mailto:marcoroszkiewicz@gmail.com)