



Medical Section  
at the Goetheanum



IAAP  
International Association  
of Anthroposophic Pharmacists

# Central-North and Eastern Europe Training Program

5 years program of Training  
in Anthroposophic Pharmacy  
(2021–2025)







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## Main Faculty of Training:



**Albert Schmidli**

He worked many years, in some cases in a leading position, in research and development for major pharmaceutical companies in Switzerland and Ireland. Following an inner call to serve Rudolf Steiner's medical impulse, he joined Weleda, one of the world's leading anthroposophic pharmaceutical companies. Weleda Switzerland set up a new pharmaceutical research and development department for him on this occasion. In this he developed in close cooperation with anthroposophic doctors new anthroposophic medicines for over 25 years and was at the same time jointly responsible for training doctors and pharmacists. 2011 he decided to live as a lecturer and teacher, which he and others recognized as a real calling. Since then he has been active as a lecturer in countless seminars around the world, full of enthusiasm and deep dedication.



**Rosa Beilmann**

Rosa Beilmann studied microbiology and graduated with a doctorate in biology. After working as a scientist for several years, she became interested in Goetheanism and her path led her to anthroposophy. Soon she took full initiative and responsibility for the WALA branch in Russia. She held senior manufacturing and registration responsibilities. Also for the implementation of seminars for doctors. Everyone who knows Rosa is deeply impressed by her competence and her deep connection with anthroposophic pharmacy as well as the incredible dedication she shows in her work.



**Marek Roszkiewicz**

He is 34 years old medical doctor with specialisation in dermatology and pharmaceutical technician. He has been studying Rudolf Steiner's works since he was 14. Now he works as anthroposophical doctor in Warsaw since the beginning of medical career. Also he translates Steiner's works and is especially attached to so-called "Young Doctors Course".



**Denis Koshechkin, PhD**

He is a general practitioner, homeopath, phytotherapist, and certified anthroposophic physician, working in St. Petersburg, Russia for over two decades. For last six years as a general practitioner in anthroposophic medical practice (Med. Centrum "Terapeuticum"). Until 1999, he worked at the St. Petersburg State Medical University. He received his basic education in anthroposophic medicine at the St. Luke Cancer Clinic (Arlesheim, Switzerland) in 1994. He trained at the Parkattwood Clinic (England), at the Öschelbronn Clinic (Germany), and at the Vidar Clinic (Sweden). He has general medical experience since 1992, practical experience as anthroposophic physician since 1994 and as homeopathic physician since 1995. He is the Chairperson of the Russian Anthroposophic Medical Association (AMA).



**Ewa Waśniewska**

She was born in 1952 in Gdańsk, Poland. Medical Doctor with anthroposophical practice since 1986. She is active not only as lecturer of anthroposophical medicine, but also she is translator of Rudolf Steiner lectures and book and other anthroposophical authors, co-organizer of many conferences in Poland and other countries. Beloved in amber used as a remedy.





### Jitka Radová

Jitka is from Zadní Trebany, small village near Karlštejn castle. She studied eurythmy in Wien (2000) and curative eurythmy in Dornach (2009). She worked for 15 years in Prague Waldorf school for children with special needs as eurythmist, eurythmy therapist and partly as class teacher (when needed). She teaches eurythmy in 7th and 8th class ordinary Waldorf school now and also has private practice of curative eurythmy in Prague. Jitka participated in two cycles of IPMT, the last years as the leader of the study and plant observation group. She also teaches at the Academy of Waldorf Pedagogy, especially in the therapeutic pedagogy seminar. Jitka has four children and four grandchildren, four cats and one black dog.

### Faculty:

Albert Schmidli	Bachelor of science in pharmaceutical engineering, Waldorf teacher, Trainer for anthroposophic pharmacists and doctors
Rosa Beilmann	Anthroposophic pharmacist
Denis Koshechkin	Anthroposophic doctor, PhD
Marek Roszkiewicz	Anthroposophic doctor, MD, pharmaceutical technician
Ewa Waśniewska	Anthroposophic doctor
Jitka Radová	Eurythmist

### Accreditation, advanced training, addressed to:

Professionals and students of the Pharmacy degree to obtain International Certification by the International Association of Anthroposophic Pharmacists (IAAP) subscribed to the Medical Section at the Goetheanum, Dornach / CH.

### Eligible for:

Professionals and students from different health careers (especially doctors) with an interest in Anthroposophic Medicine and Pharmacy (they would receive a certificate of participation).



## Information of training 2024:

### Language:

English, German, Russian, Czech

### Venue:

Vinné sklepy Kutná Hora  
Klášter sv. Voršily  
Jiřího z Poděbrad 288  
Kutná Hora  
Czech Republic

### Accommodation:

Vila u Varhanáře  
Barborská 11  
284 01 Kutná Hora  
Czech Republic

### Course Fee:

local: 650 Euro

hybrid: 400 Euro

(It currently awaits confirmation from some supporters, so the fee will probably be lower.)

### Contact and information:

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Promienna (Street) 4b/22

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Tel. +48510235727

Email: [marcoroszkiewicz@gmail.com](mailto:marcoroszkiewicz@gmail.com)

### Local Organizer:

Atelier for Goetheanism and Anthroposophic Pharmacy in Czech Republic in cooperation with SDPAM (Association for Anthroposophic Medicine in Czech Republic) and SALF (Association of Anthroposophic Physicians and Pharmacists in Czech Republic)

Contact: [ateliergaf@gmail.com](mailto:ateliergaf@gmail.com)





## Training periods (2021–2025):

One week training in each module.

- Module 1: 16 to 22 August 2021 (Poland)
- Module 2: 17 to 24 June 2023 (Latvia)
- Module 3: 20 to 26 June 2022 (online)
- Module 4: 26 May to 2 June 2024 (Czech Republic)
- Module 5: 16 to 22 June 2025 (Russia)

## Project work after complete all modules training for certification:

- At the end of the further education a thesis must be written. It should be an independent examination on a medical-pharmaceutical topic.
- 100 hours tutoring have to be done.



Module 1	Four elements; Tria principia; the four members of the human being; Sal / Mercury / Sulfur; functional organization of the human being; from the image of the plant to the clinical picture to the remedy; Equisetum; Ferrum-Quartz (Biodoron, Kephaldoron); health and disease; potentization (in the liquid) (WALA / Weleda, etc.); salutogenesis.
Module 2	Heat processes (practice and therapeutic aim); rhythmic methods (WALA / Rh); stabilized processes (syrups / Glycerin); potentization (in the solid) (WALA / Weleda, etc.); the four ethers (ether species), Apis / Formica, e.g. Cardiodoron (Digestio); decoct (fruit); syrup.
Module 3	Metals / minerals; planets; mirror production; vegetabilized metals; practice: external / internal treatment of metal mirrors, e.g. "Spiegelfolie".
Module 4	Compositions; practice: Aurum / Lavandula comp.; copper ointment red; Dorone e.g., Hepatodoron, etc.; Organ preparations (video); Antimon / Kal. Aceticum comp., Galenic e.g.; external applications (gels, ointments, cremes), globuli, oils, tbl, trit.; from the substance to the medicinal product, e.g. with a local plant (R&D).
Module 5	Mode of action of the Anthroposophic Medicine; Limestone (Ca); Silica (quartz); Mineral compositions after the image of a healing plant; pastoral pharmacy; Olibanum comp. / Cinis Capsallae comp.; quality control aspects for medicinal products (pharmacopoeia); regulatory; best practice; magistral preparation; APC, Ph Helv., Ph. Eur.

*Slight program changes are possible.*



## Literature recommendations:

The following literature is recommended for the study of the fundamentals of anthroposophic pharmacy / medicine.

### Primary literature

- Steiner, Rudolf: *Fundamentals of Therapy* (GA 27)
- Steiner, Rudolf: *Theosophy* (GA 9)
- Steiner, Rudolf: *Spiritual Science and Medicine* (GA 312)
- Meyer, Ulrich, Pederson, Peter A. (Ed.): *Anthroposophische Pharmazie*, Berlin 2017

### Complement Literature

- Steiner, Rudolf: *Young Doctors Course* (GA 316)
- Steiner, Rudolf: *Spiritual Science and the Art of Healing (London Lectures)* (GA 319)
- Steiner, Rudolf: *Knowledge of the Higher Worlds and Its Attainment* (GA 10)
- Steiner, Rudolf: *An Outline of Occult Science* (GA 13)
- Steiner, Rudolf: *Fundamentals of Anthroposophical Medicine* (GA 313)
- Steiner, Rudolf: *An Occult Physiology* (GA 128)
- Steiner, Rudolf: *Physiology and Therapeutics* (GA 314)
- Steiner, Rudolf: *Karma of Vocation* (GA 172)
- Steiner, Rudolf: *Spiritual Relations in the Configuration of the Human Organism* (GA 218)

### Medical Literature

- *Vademecum of Anthroposophic Medicines*. Third English edition 2017 (book plus CD), ed. by the Association of Anthroposophic Physicians in Germany (GAÄD) and the Medical Section of the School of Spiritual Science, Dornach, Switzerland
- Schürholz, Jürgen, Walker, Michael, Glöckler, Michaela (Ed.): *Anthroposophische Medizin: Ein Weg zum Patienten*, Stuttgart 1999 [*Anthroposophical Medicine: The way to the patient*]
- *Anthroposophic Pharmaceutical Codex*, ed. 4.2 2020, International Association of Anthroposophic Pharmacists (IAAP), <https://iaap-pharma.org/>
- Soldner, Georg, Stellmann, Hermann M.: *Individuelle Pädiatrie*, Stuttgart 2018 [Individual Padiatrics]
- Vogel, Heinz-H.: *Wege der Heilmittelfindung: am Beispiel der WALA Heilmittel-Kompositionen*, Berlin 2019 [Paths for development of medicines]
- Girke, Matthias: *Innere Medizin. Grundlagen und therapeutische Konzepte der Anthroposophischen Medizin*, 3rd ed. Berlin 2020
- *Der Merkurstab*, Zeitschrift für Anthroposophische Medizin [Journal of Anthroposophic Medicine], Ed. Freie Hochschule für Geisteswissenschaft / Medizinische Sektion, Dornach / Schweiz und Gesellschaft Anthroposophischer Ärzte in Deutschland e. V. (GAÄD), München

### Recommendations of the IAAP

- Pioneers of Anthroposophic Pharmacy (<https://iaap-pharma.org/>)

### Internet links

- [www.iaap-pharma.org](http://www.iaap-pharma.org)
- [www.gapid.de](http://www.gapid.de)
- [www.vaeps.ch](http://www.vaeps.ch)





# Module 4: 26 May to 2 June 2024



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Time	Sun, 26.05.2024	Mon, 27.05.2024	Tues, 28.05.2024	Wed, 29.05.2024	Thu, 30.05.2024	Fri, 31.05.2024	Sat, 01.06.2024	Sun, 02.06.2024
06:30-07:20		Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)	Breakfast Meditation (voluntary)
07:30-08:00		Eurythmy <i>Jitka Radová</i>	Eurythmy <i>Jitka Radová</i>	Eurythmy <i>Jitka Radová</i>	Eurythmy <i>Jitka Radová</i>	Eurythmy <i>Jitka Radová</i>	Eurythmy <i>Jitka Radová</i>	Goodbye
08:15-09:15		Introduction to the topic	echo	echo	echo	echo	echo	
09:20-10:00		Plant Observation Exercise <i>Albert</i>	Plant Observation Exercise <i>Albert</i>	Plant Observation Exercise <i>Albert</i>	Plant Observation Exercise <i>Albert</i>	Plant Observation Exercise <i>Albert</i>	Plant Observation Exercise <i>Albert</i>	
10:00-11:45		Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	Midday Break, Lunch	
11:45-12:45		Quartz <i>Albert</i>	Solutio Silicea comp. (Equisetum arvense, Herba) <i>Albert</i>	Solutio Ferri comp. (Urtica dioica, Planta total) <i>Albert</i>	Alkali comp. (Ci- chorium intybus, Planta total) <i>Albert</i>	Compositio mineralis cum Saccaro (Cha- momilla recutita, Radix) <i>Albert</i>	Workshop: from the Indication to the plant, substance, processes, and the manufacturing of the remedy <i>Marek</i>	
12:45-13:45		Therapeutic use of Quartz <i>Denis</i>	Solutio Silicea comp. (Equisetum arvense, Herba) <i>Albert</i>	Solutio Ferri comp. (Urtica dioica, Planta total) <i>Albert</i>	Alkali comp. (Cichorium intybus, Planta total) <i>Albert</i>	Solutio Alkalina (Archetypal Plant Processes) <i>Albert</i>	Workshop: from the Indication to the plant, substance, processes, and the manufacturing of the remedy <i>Marek</i>	
13:50-14:45		Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	Coffee/Tea Break	
14:45-15:10	Arriving and Registration	Calcium <i>Albert</i>	Therapeutic use of Solutio silicea comp. <i>Denis</i>	Therapeutic use of Solutio Ferri comp. <i>Marek</i>	Therapeutic use of Alkali comp. <i>Marek</i>	Cinis Capsellae comp. Manufacturing <i>Albert</i>	Coffee/Tea Break	
15:15-16:00	Welcome and Introduction of the participants	Evening Break, Dinner	Phosphorus, Arsenic and its compounds <i>Albert</i>	Phosphorus, Arsenic and its compounds <i>Denis</i>	Olibanum comp. Manufacturing and therapeutic use <i>Albert + Ewa</i>	Cinis Capsellae comp. Manufacturing and therapeutic use <i>Albert + Ewa</i>	Meditation (voluntary)	
16:05-17:00		Therapeutic use of Calcium <i>Denis</i>	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	Meditation (voluntary)	
17:15-18:00		Meditation (voluntary)	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Goodbye Party (Talent Night)	
18:00-19:00	Lecture "Christian Rosenkreutz and the rainbow" <i>Marek</i>	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner	Evening Break, Dinner		





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